



Thank you for your interest in my aromatic + herbal preparations!

Please find below aromatic products that are hand crafted, micro batched, tried and true.

We personally use all products in our own home and have found them to be effective for both ourselves and our two little boys + one gal – hence why I felt inspired to start this small business, in an effort to use simpler, but effective, plant-based wellness products.

Generally for all salves and balms: A little goes a very long way.

I offer discounts for first responder, military, and veteran families, as well as 15% off for three of the same preparations.

A note on ingredients: All aromatic preparations are made with organic, non-GMO raw materials and organic, certified unadulterated (pure) essential oils for best benefits and safety. Herbs and flowers are from a small family farm, ethically grown and harvested.

Wholesale available. Please reach out so I can send over my wholesale catalog. All prices below are for local Ramona, CA area only (pick up). Shipping rates apply if products need to be mailed. If unable to pick up, local delivery can possibly be arranged.

1. Hand + Heel Rescue Balm (2 oz) (also referring to it as: Gardener's Salve)



- \$15
- Ingredients: shea butter, beeswax, my own calendula infused extra virgin olive oil, cold-pressed and unrefined coconut oil, synergy of patchouli, lavender, and frankincense essential oils

Get it in a modified version that I have used on my kids for bad diaper rash: essential oils are *lavender* and *tea tree* instead, for anti-microbial and anti-inflammatory properties. BUT this also doubles as a general skin balm, and for hands and heels.

Benefits: Ultra-rich and skin nourishing for especially very dry, even cracked hands and feet that are exposed to lots of hand washing, the elements etc. A carefully crafted and effective rescue balm with a thick texture, as well as anti-inflammatory and antioxidant properties, healing to the hands and feet of those working hard. With a faint earthy aroma. Generally safe for ages 2+ years (the “diaper balm” version is safe for all ages, including the tiniest of humans).

2. Lavender Hand + Body Butter (2 oz)



- \$15
- Ingredients: jojoba oil, apricot kernel oil, kokum butter, mango butter, yellow beeswax, lavender essential oil

Benefits: Deeply nourishing hands, body, and feet naturally with plant-based butters and oils - that's it! - and locks in moisture while essential fatty acids help the elasticity of the skin, improve its softness and complexion, and protect against damage. With a genuine, calming lavender aroma, so ideal for a moment of unwinding and self love. Generally safe for all ages.

3. Does-It-All Healing All Purpose Balm (1 oz)



- \$10
- Ingredients: synergy of helichrysum, lavender, roman chamomile essential oils, yellow beeswax, my own calendula infused extra virgin olive oil, cold-pressed and unrefined coconut and jojoba oils

Therapeutic benefits: As an addition to the natural toolbox, this balm comes in handy for anything skin related: scratches, minor burns and cuts, bug bites, dry skin, bruises. Safe for children 2+ years. Supports healing from the inside due to antioxidant, wound healing, anti-inflammatory, and antibacterial properties, while leaving skin feeling soft.

4. Muscle + Joint Salve (1 oz)



- \$11
- Ingredients: synergy of laurel, peppermint, lavender, eucalyptus essential oils, arnica montana infused olive oil, yellow beeswax, jojoba oil

Therapeutic benefits: Increases blood flow, eases inflammation, loosens up muscles, reduces swelling, stimulates stiff joints; has both a warming and cooling sensation; has proven to be effective even for someone with chronic neck and back pain due to injuries serving in the military; revitalizes tired muscles; eases the ache. For 12+ years.

5. Calendula Herbal Salve (2 oz)



- \$14
- Ingredients: cold pressed and unrefined coconut oil, vitamin E, yellow beeswax, my own calendula infused extra virgin olive oil

Therapeutic benefits: This gentle but effective, deeply skin-nourishing salve - a long loved herbal favorite: calendula officinalis - will soon become the whole family's go-to to help heal dry, cracked, irritated, itchy, and inflamed skin. This includes cracked nipples for nursing or pumping mamas, diaper rash, scars, stings, and comes even in handy on those little scratches that happen; soothes all kinds of skin ailments. Calendula has been well-loved for its anti-inflammatory, antiseptic, antibacterial, and antifungal properties. Generally safe for all ages.

6. Yarrow Healing Balm [Herbal First Aid Ointment] (1 oz)



- \$10
- Ingredients: yellow beeswax, my own yarrow and calendula infused extra virgin olive oil, lavender essential oil + beeswax.

Therapeutic benefits: Yarrow - *Achillea millefolium* - has been well-loved for its antiseptic properties, treating various skin ailments such as burns, rashes, cuts, scrapes, scratches, other small wounds, and its ability to help stop bleeding faster. *Calendula officinalis* is gentle for everyone and has been known for its anti-inflammatory, antibacterial, anti-fungal, and antiseptic properties. Olive oil in itself is said to have skin-repairing actions due to its anti-inflammatory properties and it creates a moisturizing, protective skin barrier. Beeswax has antioxidant, anti-inflammatory, and antibacterial properties while helping to keep skin hydrated.

Lavender is soothing to skin, aids in healing irritations, inflammation, and small wounds. Hence, why I call it the "natural first aid ointment." This is an herb-infused option to quickly help heal and soothe small cuts, scrapes, scratches, burns, rashes, and even small puncture wounds. Generally safe for ages 2+ years.

7. Clear Airways Respiratory Aid Rub [Allergies + Cold] (1 oz)



- \$11 (adults) ; \$9 (kids)
- Ingredients (**adults 13+**): jojoba + sweet almond oil, yellow beeswax, synergy of frankincense, eucalyptus globulus, rosemary, peppermint, cardamom essential oils
- Ingredients (**children**): jojoba + sweet almond oil, yellow beeswax, synergy of lemon, frankincense, cypress essential oils (leaving out the cypress EO for those younger than 3 years ; please specify age for appropriate EO dilution ratio)

Therapeutic benefits: This home crafted, tried and true essential oil infused respiratory aid rub is supporting open and clear airways especially during cold season - naturally. It is a simple but effective aromatic product that even comes in handy when those (seasonal) allergies hit. A helpful, natural tool to breathe freely and easily all year round as it helps with coughs, (nasal) congestion, and soothes the lungs, so you can take deep breaths.

8. Cooling Herb-Infused Rub (2 oz)



- \$14
- Ingredients: my own chickweed infused extra virgin olive oil, synergy of eucalyptus globulus and peppermint essential oils, shea butter

Benefits: Hot feet after a long day of being on your toes? Tired legs? Achy ankles from a long run? Or maybe your shoulders and neck feel the tension. Whatever it is, this herb-infused cooling rub could just become your new little go-to to naturally soothe and cool tense, tired, and achy body parts while increasing circulation. Chickweed is known to have a cooling effect and can help ease inflammation. Peppermint and eucalyptus globulus essential oils added to the mix make for a wonderfully soothing and refreshing trio that also relax and rejuvenate. Shea butter is a smooth skin emollient that nourishes and moisturizes and makes for an easy application. The extra virgin olive oil chickweed was infused in is creating a protective skin barrier and keeps in moisture. Keep in the fridge for an added cooling effect. For 13+ years. **Not recommended for pregnant and nursing women.**

9. Immune Boost Aromatherapy Roll-On (10 ml)



- \$12 (adults) ; \$10 (kids)
- Ingredients (**adults 13+**): jojoba oil, synergy of clove, lemon, cinnamon bark, lavender, eucalyptus globulus, frankincense, rosemary essential oils
- Ingredients (**children 2-12 yrs**): frankincense, lavender, lemon essential oils (please specify age for appropriate essential oil dilution ratio)

Therapeutic benefits: Support your overall well-being with this thoughtfully made immune boost and wellness essential oil roller. Add it to your holistic toolbox: a carefully crafted synergy of essential oils to help give your immune response a little "oomph" whenever needed, in skin nourishing jojoba oil. Best used when feeling a cold come on, or that tickle in your throat; apply to bottom of feet and down spine up to 3x daily until you feel better.

10. Sleepy / Calming / Relaxing Aromatherapy Mist (2 OR 4 fl oz)



- 2 fl oz: \$12
- 4 fl oz: \$18
- Ingredients: a soothing synergy of lavender and roman chamomile essential oils, distilled water, witch hazel

Therapeutic benefits: This Sleepy Mist is carefully formulated to support sleep by promoting relaxation for both body and mind. Support your wellness and enhance sleep quality - naturally. Use this Sleepy Mist as part of bedtime routine to enhance quality of sleep or grab this bottle whenever you need some natural help to relax. Give it a little shake and add a spritz or two on pillow, on kid's stuffy or simply mist room. Spritz on bath towel or top of blanket. Generally safe for kids 2+ years.

11. Aromatic Wool Dryer Ball and Linen Refresh Mist (4 fl oz)



- 4 fl oz: \$20
- Ingredients: synergy of essential oils, distilled water, witch hazel
- **Aroma:** Lavender-Eucalyptus ; Rosemary-Lemon ; Peppermint-Lemon ; Juniper-Pine ; Lavender-Cedarwood ; Lemongrass-Peppermint

Benefits: Add this natural essential oil wool dryer ball mist to your more sustainable and health-friendlier laundry drying routine. Use the essential oil mist to lightly scent the wool dryer balls before adding to your laundry. Can also be misted on damp/dry laundry to refresh after the drying cycle. This is a much lighter, genuinely natural aroma as compared to synthetically fragranced dryer sheets.

12. CUSTOM *Feel Good* Aromatherapy Roll-On (10 ml)



- \$14
- Ingredients: synergy of essential oils depending on needs in skin-nourishing jojoba oil

Therapeutic benefits: One of the easiest and most effective ways to experience the therapeutic benefits of pure, unadulterated essential oils is topical application. This is a carefully crafted synergy based on your needs. Can also be used as a natural perfume if you prefer. Best applied to: *best areas to apply depend on purpose roll-on synergy is used for.*

I appreciate you taking the time to read through my catalog of aromatic and herb-infused preparations and hope you find something that may suit you and your family's needs.

Custom orders are always welcome, for custom blending is the heart of aromatherapy.

*Warmly,
Julia Bell*

Instagram @ [aromainfusedliving](#)
Facebook @ [aromainfusedliving](#)
Website: [aromainfusedliving.com](#)

Disclaimer: The above aromatic and herbal preparations have not been evaluated by the FDA. If you have questions before use, please consult with a trusted healthcare professional, especially if you have a chronic illness, are taking any medication, or are undergoing medical treatment. I will always be available to answer questions from the perspective of a holistic aromatherapist.